

# **Crisis Prevention, Intervention and Education**

## **Education Awareness Resources:**

- Youth Warning Signs: <http://www.youthsuicidewarningsigns.org/>
- Massachusetts Coalition for Suicide Prevention: <http://www.masspreventssuicide.org/>
- National Alliance of Mental Health: [www.namimass.org](http://www.namimass.org)
- Suicide Prevention Resource Center: [www.samhsa.gov/nssp](http://www.samhsa.gov/nssp)

## **Crisis Resources:**

### **Call2Talk Crisis Line**

508-532-2255

Send texts to 741741

Available 24 hours a day 7 days a week

<https://mass211.org/call2talk/>

### **National Suicide Prevention Lifeline**

800-273-8255

<https://suicidepreventionlifeline.org/>

### **Samaritans Statewide Crisis**

1-877-870-4673 (24-hour)

Text or call 24/7

[www.samaritanshope.org](http://www.samaritanshope.org)

### **Community Based Emergency Services Programs**

Statewide Emergency Services Program (ESP)

1-877-382-1609

<https://www.masspartnership.com/member/esp.aspx>

### **Mobile Crisis Intervention (MCI) for youth:**

Youth up to age 21, this service mobilizes to the home or other site where a youth is located.

Services are provided 24/7/365 at all locations

1-877-382-1609

<https://www.masspartnership.com/member/esp.aspx>

**Local Crisis Team Information:**

**Lahey Health Behavioral Services** is open 24 hours a day – 365 days per year.

Clients are encouraged to call, but walk-ins are accepted.

This support service is located at **391 Varnum Avenue, Lowell, MA 01854** and can be reached at **800-830-5177**.

**\*Serves the following areas: Billerica, Chelmsford, Dracut, Dunstable, Lowell, Tewksbury, Tyngsboro and Westford.**

**Advocates Crisis Team** is open 24 hours a day – 365 days per year.

Clients are encouraged to call, but walk-ins are accepted.

The district support office is located at **675 Main Street, Waltham, MA**. Advocates can be reached at **800-540-5806 or 781-893-2003**.

**\*Serves the following areas: Acton, Arlington, Bedford, Belmont, Boxborough, Burlington, Carlisle, Concord, Lexington, Lincoln, Littleton, Maynard, Stow, Waltham, Watertown, Wilmington, Winchester, Woburn**